



Zac Way Program

Family Information Package

January 2022

This booklet has been designed to provide you with information relating to the Zac Way Program. The Zac Way Program is Inspire Allied Health and Education Group's intensive intervention program which encompasses a transdisciplinary and key worker model and approach. This booklet includes information about our services, our enrolment process, our policies and procedures, and important contact details that you may require. Should you have any questions pertaining to this document or anything else regarding our service please contact us.



We are excited to be joining you in your child's therapeutic journey.

Inspire Allied Health and Education Group's Zac Way Program Overview

The Zac Way Program is an intensive therapy program designed for participants with complex needs who have therapy goals within the disciplines of speech and language pathology, occupational therapy, music therapy, psychology, and education. The Zac Way Program is facilitated by a transdisciplinary model with a key worker approach. Our program operates on a client/family-focused basis and uses best-evidence based practices, supported by developmental, behavioural, social, learning, and functional frameworks. With a highly qualified team of specialists, the Zac Way Program facilitates a multifaceted and comprehensive approach to development.



What is a Transdisciplinary Model and Key Worker Approach?

A transdisciplinary model of intervention is created from the sharing of roles across different disciplinary boundaries and relies on the sharing of information, knowledge, and skills between team members and the reliance on one person (key worker) to carry out the program based on the collective expertise and knowledge shared.

Our Zac Way Programs are designed by our executive team members who are our company's head of departments and who each hold a wealth of knowledge and experience. Our key workers are Allied Health Therapy Assistants or students who work with and are trained and supervised by the executive team.

Zac Way Key Workers (Allied Health Therapy Assistants and Students)

Allied Health Therapy Assistants and University students support professional staff (clinicians) by helping



with client therapy and or/personal care. At Inspire Allied Health and Education Group, all Allied Health Therapy Assistants and University Students are completing university Bachelor or Master degrees in their chosen professions of Speech and Language Pathology, Occupational Therapy, Psychology, Education or Music Therapy. All Allied Health Therapy Assistants and University Students have a current working with children check, national police clearance, first aid

certificate as well as training in asthma and anaphylaxis management and child protection. In addition, all Allied Health Therapy Assistants and University Students have completed the NDIS training that supports professionals working with children with complex needs and Covid-19 training.

Who is the Zac Way Program Suitable for?

The Zac Way Program is suitable for participants with a range of abilities, needs and difficulties, some of which include.

- Autism Spectrum Disorder
- Global Development Delay
- Language Delay
- Speech Disorder
- Sensory Processing Disorder
- Attention Disorders
- Dyspraxia / Developmental Coordination Disorder
- Motor Disorder
- Intellectual Impairment
- Conduct Disorders
- Processing Disorders
- Self-Help / Independence
- Emotional Regulation
- Trauma
- Behavioural Difficulties



How Does the Program Work?

Our transdisciplinary therapy services are beneficial for people with complex needs who require support from multiple disciplines including speech and language pathology, occupational therapy, psychology, music therapy and/or education. The Zac Way program runs throughout the school term, including the school holidays. To enrol in our transdisciplinary therapy programs, parents/carers commit to the following:

Essential

- Participants must enrol in the Zac Way program for a minimum of one-hour each week, where the program is designed by the executive and senior team of clinicians and administered by a therapy assistant or student
- If a participant is unable to attend a face-to-face session, a home program will be sent in its place. The Zac Way program cannot be administered via telehealth.



Alternative

- If you are not enrolled in our clinic or community-based sessions, you may need to undergo an assessment or consultation with our executive team prior to the commencement of your program. This will be discussed with each person individually.

Enrolment Process

Step 1- Complete form to register your interest in the Zac Way Program

Step 2- When a position becomes available, you will be contacted by a member of our administration team

Step 3- Once you accept a position in our Zac Way Program, you will meet with our Customer Service Coordinator to complete relevant admission tasks

- Review policies and procedures pertaining to the Zac Way Program
- Review and sign relevant consent form/s
- Review and update risk assessment
- Review and sign NDIS service agreement form/adjustment form
- Review and sign parent agreement form
- Complete therapy goals form
- Review and agree to fee structures



Step 3 – All relevant paperwork will be forwarded to the executive team who will prepare your child's program

Step 4 – Your child may undergo an assessment or consultation with a member of our executive team

Step 5- You will receive a copy of your child's goals at the beginning of the Zac Way program

Step 6- Your child will receive a homework folder that they will bring to and from each session

Step 7- Your child will engage in the Zac Way Program for the duration of the school term

Step 8- At the conclusion of the term program, the executive team will provide you a written summary of your child's outcomes and further recommendations

Step 9 – If available and determined appropriate, your child may be offered an additional block of therapy and steps 3-8 will be repeated

Contact Details

Macarthur Clinics: admin.macarthur@inspireaheg.com.au

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