



Social Pragmatic Disorder: A Parent's Guide



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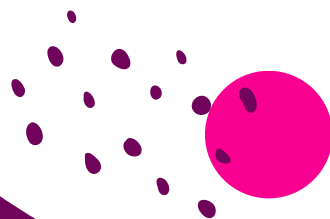
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What is Social Pragmatic Disorder?

Social Pragmatic Disorder is a communication disorder that affects a child's ability to use language in social situations effectively. Children with this disorder may have difficulty understanding and using language in context, which can hinder their social interactions and relationships.





Checklist for Parents: Characteristics of Social Pragmatic Disorder

If you suspect that your child has Social Pragmatic Disorder, consider these characteristics:

- ✓ Difficulty maintaining conversations
- ✓ Trouble with recognising the needs and feelings of others
- ✓ Struggles with understanding nonverbal cues
- ✓ Limited use of gestures and facial expressions
- ✓ Challenges in adjusting language for different social situations
- ✓ Limited ability to understand humour, sarcasm, or implied meanings



How is Social Pragmatic Disorder Diagnosed?

A diagnosis typically involves a multidisciplinary approach. Speech Pathologists, Psychologists, and other professionals may conduct assessments, considering language development, social interaction, and behavioural observations.



Steps to Take If You Suspect Social Pragmatic Disorder

1. Consult with your child's Paediatrician.

2. Seek an evaluation from a Speech Pathologist or Psychologist.

3. Share your concerns with your child's school to access support and accommodations.



Strategies for Children with Social Pragmatic Disorder:

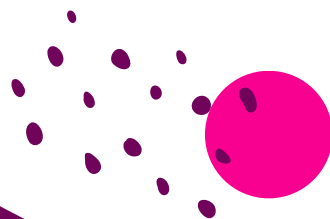
At Inspire we use a range of strategies to support children with Social Pragmatic Disorder. Some of these include:

- Use visual aids to support communication.
- Teach explicit social rules and expectations.
- Practice conversation skills with scripts.
- Provide feedback on appropriate social behaviours.
- Encourage journaling to express thoughts and feelings.
- Foster a supportive and patient environment.
- Create a structured daily routine.
- Develop social stories to address specific situations.
- Use video modelling for social interactions.
- Role-play real-life social scenarios.

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- Build social skills through cooperative games.
 - Promote turn-taking during conversations and play.
 - Encourage relaxation techniques for managing anxiety.
 - Teach the use of "I" statements to express feelings.
 - Set up a quiet space for sensory regulation.
 - Foster peer understanding through education.
 - Offer positive reinforcement for social successes.
 - Practice active listening skills.
 - Develop a visual schedule to reduce anxiety.
 - Promote inclusive activities and hobbies.



Understanding and supporting a child with Social Pragmatic Disorder requires patience, consistent effort, and a collaborative approach. Please reach out to us at Inspire Allied Health and Education Group to find out how we can support your child and family.





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